

Consent to Participate in Psychological Assessment

A psychological assessment is conducted for a variety of reasons, including diagnostic classification, qualification for services, and treatment recommendations. A psychological assessment seeks to provide information about psychological, cognitive, educational or emotional functioning, using standardized instruments and other assessment methods chosen by the clinician. The results can be of value in accessing specialized services, qualifying for educational and other accommodations, clarifying the nature of psychological, behavioral or cognitive symptoms, and designing treatment interventions. Psychological assessments are intensive and usually consist of an interview, an assessment session, a feedback session to go over the results, and the preparation of a written report. This report is generally released to the legal guardian, clinician, or legal authority who requests the assessment. The overall time required depends on the nature of the assessment and the referral question that is being addressed. There can be no guarantees about the outcome of a psychological assessment. Involvement with a psychological assessment may require that you discuss unpleasant aspects of your or your child's life and may lead to unanticipated results and/or conclusions that you find to be discomfoting. Clinicians at Children's Center attempt to minimize these risks by reviewing the scope and purpose of the evaluation with you and explaining the results in language you can understand.

I am the client or parent/legal guardian of my son/daughter, _____.

Printed Name

I understand and agree to the following terms for the assessment:

- 1) I am participating in or allowing my son/daughter to participate in a psychological, behavioral, or educational assessment.
- 2) I understand that anything discussed during the context of this assessment can be used by clinicians in the formulation of opinions about my son/daughter for the purpose of this assessment.
- 3) No information about you, your child or family will be passed on to any other party without your written authorization. The only exceptions include life-threatening emergencies, a court subpoena of records, or instances involving our ethical and legal duty to report suspicion of abuse of youth, elder adults, or disabled individuals.

Client/Legal Guardian's Signature

Date

Printed Name